WWW.TAMOJUNTOBJJ.COM

New Schedule starting 8/1/2026 - Classes and times subject to change

Tamo Junto Brazilian Jiu-Jitsu
Lake Effect Plaza
4953 Camp Rd, Suite C
Hamburg, NY 14075

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
6AM Adult Gi All Levels	6AM Adult Gi All Levels	6AM Adult No Gi All Levels	6AM Adult No Gi All Levels	6AM Adult Gi All Levels	8AM Adult Open Mat
	12:00PM Boxing	12:30PM Adult Gi All Levels	12:00PM Boxing	12:30PM Adult Gi All Levels	9:30AM Kids Rock'n Roll
5:30PM Kids Gi	5:30PM Adult Beginner	5:30PM Kids Gi	5:30PM Adult Beginner	5:30PM Adult Open Mat	10:30AM Boxing
6:30PM Adult No Gi All Levels	6:30PM Adult No Gi All Levels	6:30PM Boxing	6:30PM Adult Gi		